

Stronger Minds, Better Healthcare

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## Mental Health in USA

\$238B

total annual costs of mental and behavioral health

## 60M Americans

gained mental and behavioral benefits within insurance plans

### Healthcare payments

#### Service-based

Care providers are not penalized for providing low quality healthcare service.

#### Value-based

The Affordable Care Act (Obamacare) is going to penalize providers for high cost and low quality of service and incentivize better outcomes.

(1) Projections of National Expenditures for Mental Health Services and Substance Abuse Treatment 2004-2014 by SAMHSA, 2008 - <a href="http://goo.gl/CMsBh6">http://goo.gl/CMsBh6</a> (2) FACT SHEET: Affordable Care Act by the Numbers, The White House, Apr 2014 - <a href="http://goo.gl/y9cz6d">http://goo.gl/y9cz6d</a>

## Problem - Ineffective Workflows

### Patient engagement

Only **11% of patients** engage<sup>(4)</sup> with questionnaires printed on paper



### Problem areas

#### Offline workflows

Feedback is knowledge. If you don't know what is going is on, how can you be effective?

### **Ineffective support**

Care providers have no clue how to identify patients that need support



### Not recovering patients

Patients fail to adhere to treatment, recover slowly with a higher probability of being readmitted (increasing healthcare costs). When patients are engaged, the opposite happens.

(4) Just Text Me: Using SMS Technology for Collaborative Patient Mood Charting, Sep 2011 - http://goo.gl/dwy80d

## Introducing Mentegram

### **HIPAA** compliant patient engagement platform



#### **Patient benefits**

- Self-awareness
- Increased support

#### **Provider benefits**

- Increased bandwidth
- Proactive vs reactive care

### Improved outcomes®

50% fewer medical errors<sup>(6)</sup> 50% fewer readmissions<sup>(6,7)</sup>

- (5) Patient Engagement by HIMSS (Healthcare Information and Management Systems Society) http://goo.gl/npGISp
- (6) Linking People, Policy and Progress, Jun 2013 http://goo.gl/nkxeCy
- (7) The Quality Concern: Behavioral Health Inpatient Readmissions, by New York State Office of Mental Health, Jun 2012 http://goo.gl/8XUYwZ

# How Mentegram Works?

Treatment plans in the form of questionnaires



Client responses in the form of actionable insights

#### **Clinical Dashboard**

Manage patients' treatment plans, monitor their progress, and identify the ones in need of more support.

### **Patient Mobile App**

Gather important data remotely, between appointments, while keeping patients heavily engaged.

## Company Management



**Igor Holas** 



Co-founder

Published research psychologist 12 years of experience



Milan Steskal



Co-founder

Serial entrepreneur, Digital projects 14 years of experience





Marek Vavrecan

Chief Technology Officer

Software engineer, Security 8 years of experience



# How can we help?

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